



## WHO IS A HINDU?

**Q: Who is a Hindu?**

**A:** A Human being who follows Dharma.

**Q: What is Dharma?**

**A:** Dharma is Inner Harmony, participating in the Universal harmony.

**Q: What is Inner Harmony?**

**A:** Inner Harmony is understanding of

- 1 What exists?
- 2 Who am I?
- 3 What is my participation in the existence?

**Q: What exists?**

**A:** Matter, plants, animals and humans saturated in Consciousness.

**Q: What is Consciousness?**

**A:** It is that which

- is present everywhere,
- is transparent,
- is permeable,
- is absolute energy,
- is absolute cause.

**Q: Who am I?**

**A:** I am combination of human body and Self.

**Q: What is Self?**

**A:** Self is a combination of five activities:

- 1 Feeling
- 2 Thinking
- 3 Desiring
- 4 Knowing
- 5 Realizing

**Q: Why a combination of human body and Self?**

**A:** Self utilizes the body to learn and understand by interacting with other humans and Nature.

**Q: What is my participation in the existence?**

**A:** My participation in the existence is through seven human relationships and one Nature relationship for

- Mutual Fulfillment,
- Mutual Enrichment,
- Prosperity,
- Freedom from Fear & Greed,
- Co-existence.